



Cassia IDEAL Resource Library 2021

Articles to read:

- [“America’s Racial Contract Is Killing Us” by Adam Serwer | Atlantic \(May 8, 2020\)](#)
- Dear White Friends: Here’s What I Need (And Don’t Need) From You: <https://theeverygirl.com/dear-white-friends/>
- [Ella Baker and the Black Freedom Movement \(Mentoring a New Generation of Activists\)](#)
- [”My Life as an Undocumented Immigrant” by Jose Antonio Vargas | NYT Mag \(June 22, 2011\)](#)
- My White Friend Asked Me on Facebook to Explain White Privilege. I Decided to Be Honest: <https://www.yesmagazine.org/opinion/2017/09/08/my-white-friend-asked-me-on-facebook-to-explain-white-privilege-i-decided-to-be-honest/>
- Stolen Breaths: <https://www.nejm.org/doi/full/10.1056/NEJMp2021072>
- Structural Racism and Supporting Black Lives — The Role of Health Professionals: <https://www.nejm.org/doi/full/10.1056/NEJMp1609535>
- [The 1619 Project \(all the articles\) | The New York Times Magazine](#)
- [The Combahee River Collective Statement](#)
- [“The Intersectionality Wars” by Jane Coaston | Vox \(May 28, 2019\)](#)
- [Tips for Creating Effective White Caucus Groups developed by Craig Elliott PhD](#)
- [“Where do I donate? Why is the uprising violent? Should I go protest?” by Courtney Martin \(June 1, 2020\)](#)
- [”White Privilege: Unpacking the Invisible Knapsack” by Knapsack Peggy McIntosh](#)
- [“Who Gets to Be Afraid in America?” by Dr. Ibram X. Kendi | Atlantic \(May 12, 2020\)](#)
- https://www.redletterchristians.org/hope-out-of-breath-on-the-lynching-of-george-floyd/?fbclid=IwAR1t0H8eVSxcfFLYTzW_Wd8oKF551DeuUxKPhA6tofuMOKIKJwrE_QuWuJ0
- <https://healingmnstories.wordpress.com/2020/05/30/an-open-letter-to-white-clergy-on-george-floyds-murder-and-the-current-unrest/?fbclid=IwAR2hX9C0wx-nglPIZWPirU4ZLi1Gwd3AYUm1PDs8i1WldbGNUSiiCY-iY4A> Rev. Jim Bear Jacob (Mohican) leads an organization called Healing Minnesota Stories, now part of the Minnesota Council of Churches. He wrote a powerful letter to clergy the day before Pentecost. “When white people cry for peace it is too often an appeal to silence Black anger to make room for White comfort.”
- Rev. Robert TwoBulls (Lakota), Episcopal priest near Little Earth, posted these words: “I live in a great neighborhood. Good people. Diverse. Helpful. Concerned. Fearful. Anxious. Sad. Our block is a half mile from the 3rd Precinct. All around it is devastation. We are now prepping for another night of protest and mayhem by keeping watch. Staying awake. Shine a light into the darkness. We will rebuild we will come back and justice will prevail. That is my hope. That is my prayer. Justice will prevail.”
- “Either you are a tool of oppression or an instrument of liberation.” ~Paulo Freire

Videos to watch:

- [Black Feminism & the Movement for Black Lives: Barbara Smith, Reina Gossett, Charlene Carruthers \(50:48\)](#)
- Color Blind or Color Brave. TED Talk: (14:02)
https://www.ted.com/talks/mellody_hobson_color_blind_or_color_brave
- [Dr. Robin DiAngelo discusses 'White Fragility' \(1:23:06\)](#)
- ["How Studying Privilege Systems Can Strengthen Compassion" | Peggy McIntosh at TEDxTimberlaneSchools \(18:26\)](#)
- How to Overcome our Biases. TED Talk: (17:40)
https://www.ted.com/talks/verna_myers_how_to_overcome_our_biases_walk_boldly_toward_them?language=en#t-1055386
- [How Racial Bias Works](#). TED Talk (14:17)
- [The Path to ending systemic Racism in the US](#). TED Talk (1:06:00)
- Uncomfortable conversations with a black man: (episodes range from 10-20 minutes)
<https://uncomfortableconvos.com/watch>

Podcasts to subscribe to:

- [1619 \(New York Times\)](#)
- [About Race](#)
- [Code Switch \(NPR\)](#)
- [Intersectionality Matters! hosted by Kimberlé Crenshaw](#)
- [Momentum: A Race Forward Podcast](#)
- [Pod For The Cause \(from The Leadership Conference on Civil & Human Rights\)](#)
- [Pod Save the People \(Crooked Media\)](#)
- [Seeing White](#)

Books to read:

- [A Good Time for the Truth: Race in Minnesota](#) by Sun Young Shin
- [Between the World and Me](#) by Ta-Nehisi Coates
- [Black Feminist Thought](#) by Patricia Hill Collins
- [Caste: The Origins of Our Discontents](#) by Isabel Wilkerson
- [Eloquent Rage: A Black Feminist Discovers Her Superpower](#) by Dr. Brittney Cooper
- [Heavy: An American Memoir](#) by Kiese Laymon
- [How To Be An Antiracist](#) by Dr. Ibram X. Kendi
- [I Know Why the Caged Bird Sings](#) by Maya Angelou
- [Invisible No More: Police Violence Against Black Women and Women of Color](#) by Andrea J. Ritchie
- [Just Mercy](#) by Bryan Stevenson
- [Me and White Supremacy](#) by Layla F. Saad
- [Raising Our Hands](#) by Jenna Arnold
- "Recovery from White Conditioning" by Cristina Combs. https://www.amazon.com/Recovery-White-Conditioning-Combs/dp/1977820565/ref=sr_1_1?ie=UTF8&qid=1508598172&sr=8-1&keywords=recovery+from+white+conditioning
- [Redefining Realness](#) by Janet Mock
- [Sister Outsider](#) by Audre Lorde

- [So You Want to Talk About Race](#) by Ijeoma Oluo
- [The Bluest Eye](#) by Toni Morrison
- [The Fire Next Time](#) by James Baldwin
- [The New Jim Crow: Mass Incarceration in the Age of Colorblindness](#) by Michelle Alexander
- [The Next American Revolution: Sustainable Activism for the Twenty-First Century](#) by Grace Lee Boggs
- [The Warmth of Other Suns](#) by Isabel Wilkerson
- [Their Eyes Were Watching God](#) by Zora Neale Hurston
- [This Bridge Called My Back: Writings by Radical Women of Color](#) by Cherríe Moraga
- [When Affirmative Action Was White: An Untold History of Racial Inequality in Twentieth-Century America](#) by Ira Katznelson
- [White Fragility: Why It's So Hard for White People to Talk About Racism](#) by Robin DiAngelo

Films and TV series to watch:

- 13th (Ava DuVernay) — Netflix
- American Son (Kenny Leon) — Netflix
- Black Power Mixtape: 1967-1975 — Available to rent
- Blindspotting (Carlos López Estrada) — Hulu with Cinemax or available to rent
- Clemency (Chinonye Chukwu) — Available to rent
- Dear White People (Justin Simien) — Netflix
- Fruitvale Station (Ryan Coogler) — Available to rent
- I Am Not Your Negro (James Baldwin doc) — Available to rent or on Kanopy
- If Beale Street Could Talk (Barry Jenkins) — Hulu
- Just Mercy (Destin Daniel Cretton) — Available to rent
- King In The Wilderness — HBO
- Malcolm X - Hulu
- See You Yesterday (Stefon Bristol) — Netflix
- Selma (Ava DuVernay) — Available to rent
- The Black Panthers: Vanguard of the Revolution — Available to rent
- The Hate U Give (George Tillman Jr.) — Available to rent
- When They See Us (Ava DuVernay) — Netflix

Organizations to follow on social media:

- Antiracism Center: [Twitter](#)
- Audre Lorde Project: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Black Women's Blueprint: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Color Of Change: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Colorlines: [Twitter](#) | [Instagram](#) | [Facebook](#)
- The Conscious Kid: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Equal Justice Initiative (EJI): [Twitter](#) | [Instagram](#) | [Facebook](#)
- Families Belong Together: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Justice League NYC: [Twitter](#) | [Instagram](#) + Gathering For Justice: [Twitter](#) | [Instagram](#)
- The Leadership Conference on Civil & Human Rights: [Twitter](#) | [Instagram](#) | [Facebook](#)

- The Movement For Black Lives (M4BL): [Twitter](#) | [Instagram](#) | [Facebook](#)
- MPowerChange: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Muslim Girl: [Twitter](#) | [Instagram](#) | [Facebook](#)
- NAACP: [Twitter](#) | [Instagram](#) | [Facebook](#)
- National Domestic Workers Alliance: [Twitter](#) | [Instagram](#) | [Facebook](#)
- RAICES: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Showing Up for Racial Justice (SURJ): [Twitter](#) | [Instagram](#) | [Facebook](#)
- SisterSong: [Twitter](#) | [Instagram](#) | [Facebook](#)
- United We Dream: [Twitter](#) | [Instagram](#) | [Facebook](#)

More anti-racism resources to check out:

- [75 Things White People Can Do for Racial Justice](#)
- [Anti-Racism Project](#)
- Anti-Racism Resources for All Ages: <https://padlet.com/nicolethelibrarian/nbasekqoazt336co>
- [Hennepin Co Library Staff Picks](#)
- [Jenna Arnold's resources \(books and people to follow\)](#)
- [Rachel Ricketts' anti-racism resources](#)
- [Resources for White People to Learn and Talk About Race and Racism](#)
- [Save the Tears: White Woman's Guide by Tatiana Mac](#)
- [Showing Up For Racial Justice's educational toolkits](#)
- [The \[White\] Shift on Instagram](#)
- ["Why is this happening?" — an introduction to police brutality from 100 Year Hoodie](#)
- [Zinn Education Project's teaching materials](#)

Vocabulary

Harvard University's blog [Start Here: A Primer on Diversity and Inclusion \(Part 1 of 2\)](#)

Resources for white parents to raise anti-racist children:

- Books:
 - Coretta Scott King Book Award Winners: <https://www.commonsensemedia.org/lists/coretta-scott-king-book-award-winners>
 - 20 Picture Books for 2020: Readings to Embrace Race, Provide Solace & Do Good: <https://www.embracerace.org/resources/20-picture-books-for-2020>
- Podcasts:
 - [Parenting Forward podcast episode 'Five Pandemic Parenting Lessons with Cindy Wang Brandt'](#)
 - [Fare of the Free Child podcast](#)
 - [Integrated Schools podcast episode "Raising White Kids with Jennifer Harvey"](#)
- Articles
 - [How White Parents Can Talk To Their Kids About Race | NPR](#)
 - [Teaching Your Child About Black History Month | PBS](#)
 - [Your Kids Aren't Too Young to Talk About Race: Resource Roundup from Pretty Good](#)
- The Conscious Kid: follow them on [Instagram](#) and consider signing up for their [Patreon](#)

LGBTQ+ Resources

GAAD Resource List [LGBTQ Resource List](#)

Human Rights Campaign Website [Human Rights Campaign - HRC](#)

Training Opportunities

Trans-identifying persons 101 training [Free Download – Trans Spiritual Care Initiative](#)

Disability Awareness Resources

Language Article (bbc.com) [The harmful ableist language you unknowingly use](#)

*Anti-Racism Resources document compiled by Sarah Sophie Flicker, Alyssa Klein in May 2020.
Added to with help of Chaplains Rev. Nancy Carlson, Rev. Sarah Karber, Rev. Kristi Zabriskie and
the CASSIA IDEAL team.*