

SOCIAL DETERMINANTS OF HEALTH (SDOH)

SDOH are the conditions and environments in which people are born, live, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risk. They are the non-medical factors that influence health outcomes and have a direct correlation with health equity, including:



Access to
quality
education

Community
and social
context

Access to
quality
healthcare

Food
Security

Economic
stability

Neighborhood
and physical
environment



Why should providers address SDOH?



Assist in addressing health inequity in racial, ethnic and gender minority groups, underserved and socioeconomically disadvantaged populations



Help individuals achieve optimal health by implementing a whole person approach



Up to 80% of an individual's health is determined by SDOH, rather than clinical care & genetics